



Solar Return Report

for Kate Green

Feb 03, 2010

00:49:30 AM PST

Vancouver, Canada

Cornerstone Astrology

Solar Return Report

Table of Contents

- ❖ **Introduction**
- ❖ **The Solar Return Chart**
- ❖ **The Importance of the Solar Return Moment**
- ❖ **General Overview for the year**
- ❖ **The House Containing the Sun**
- ❖ **Cusp Conjunctions of Solar Return or Natal Planets**
- ❖ **Perceiving Reality and Relationships: Planets in Aspect to the Solar Return Horizon**
- ❖ **The Significance of Vocation and Family: Planets in Aspect to the Solar Return Meridian**
- ❖ **Being in the Flow: Solar Return Planets Related to their Natal Positions**
- ❖ **Areas of Harmony or Stress: Aspects to a House Ruler by Planets in its House**
- ❖ **Significant Time Periods for the Year Indicated by the Solar Return Chart**
- ❖ **Time Bands of Significant Change: The Progressed Solar Return Moon**
- ❖ **Shifting One's Focus: The Transiting Sun to the Solar Return Houses**
- ❖ **Specific Dates of Potential Noteworthy Events: The Progressed Solar Return Angles**
- ❖ **Keeping a Diary of Your Solar Return Experience**
- ❖ **Choosing One's Solar Return**

Introduction

Welcome to your solar return chart Kate.

Astrologers use a number of techniques for forecasting: primarily Transits, Progressions and Returns, particularly the Solar Return. Solar Return charts are calculated for the town or city where you are on your birthday. It is a very personal way to see how transits will relate to your natal chart and especially your personal planets, giving you an important insight in how your transits work out in the coming year.

The table below lists your natal data on the left-hand side and your solar return data on the right. Please note that the Sun may return to its birth position the day before or after your actual date of birth. As such, a difference of one day is not uncommon. You can see the position of the Sun, is the same for both your natal chart and the Solar Return chart.

Natal Chart

Kate Green

Feb 03, 1969

05:00:00 AM EST +05:00

Lancaster, PA.

076W18'00" 40N02'00"

Placidus Houses

Solar Return

Solar Return Chart

Feb 03, 2010

00:49:30 AM PST 08:00

Vancouver, Canada

123W07'00" 49N16'00"

Placidus Houses

Planet	Posit.	Hs	Cusp	Plan.	Posit.	Hs	Cusp
Sun	14°Aa25'	01s	05°Co22	Sun	14°Aa25'	01s	08°Sc00
Moon	24°Le25'	02n	15°Aa1	Moon	11°Li27'	02n	06°Sg30
Mercurv	03°Aa29'	03r	26°Pi25'	Mercurv	20°Co37'	03r	11°Co52
Venus	01°Ar10'	04t	29°Ar09	Venus	19°Aa48'	04t	20°Aa1
Mars	19°Sc22'	05t	23°Ta57	Mars	08°Le00'	05t	23°Pi11'
Jupiter	05°Li45'	06t	14°Ge4	Jupiter	03°Pi44'	06t	18°Ar28
Saturn	20°Ar25'	07t	05°Ca22	Saturn	04°Li16'	07t	08°Ta00
Uranus	03°Li42'	08t	15°Le10	Uranus	24°Pi19'	08t	06°Ge3
Neptune	28°Sc32'	09t	26°Vi25'	Neptune	25°Aa43'	09t	11°Ca52
Pluto	24°Vi44'	10t	29°Li09'	Pluto	04°Co26'	10t	20°Le17
Ascend.	05°Co22'	11t	23°Sc57	Ascend.	08°Sc00'	11t	23°Vi11'
Midhvn.	29°Li09'	12t	14°Sg46	Midhvn.	20°Le17'	12t	18°Li28'

The Solar Return Chart

by Ray Merriman

Welcome to your Solar Return! The interpretations given herein apply to your year ahead, based upon the principles outlined in *The Solar Return Book of Prediction* by Raymond A. Merriman. In addition, there is a great deal of new material added just for this report.

The Importance of the Solar Return Moment "Being There on Time"

The exact time of your solar return is a sacred annual event for each individual; it happens at only one specific moment each year. It is at that moment - and only that moment - in which the Earth/Sun relationship is exactly the same as when you were born. Such a moment constitutes an "event", and as with all events, this one too is the basis for a horoscope of importance.

However the importance of this horoscope is unique only to the individual to whom it applies. The quality of that moment (i.e. the time of one's solar return) becomes the seed of that annual cycle. It is the basis for a horoscope that will describe the astrological factors in effect for that one-year cycle. A moment of such importance favors a certain mind-set of the individual as it occurs. This is especially true if you accept the premise that thought creates (or influences) reality. If every moment of time has its own unique quality, then we would want the quality of the solar return moment to be special in a favorable way as it becomes the horoscope for the year in your life.

Given this premise, you are encouraged to enter the solar return moment with a sense of reverence and to put some thought and effort into assuring that this moment is somehow empowered, infused, with energy or thoughts consistent with what you want to experience in the coming year.

What should you do at this moment? That of course is up to you. Obviously it would not be a favorable omen if you engaged in an argument, or sat home brooding, or went to work in an atmosphere of frustration or boredom. Such experiences at the time of your solar return would likely set a negative foundation for your mind-set for the entire year.

The following ideas are intended only as suggestions. They take into account the premise that your solar return is the most personally sacred of all days of the year for you. Therefore, going into the moment of a solar return, you are advised to plan something special, something ideally that would empower that moment for you. A ritual of some sort might be a good idea.

For instance, you might take into account your location-to-be at that moment. Choose some place special, some place in which you are comfortable, happy, and in harmony with.

Perhaps it is near a lake, ocean, river, or mountain, perhaps it is on a beach or in a forest, or perhaps it is in a favorite restaurant.

Set the stage. Perhaps you wish to have a candle burning, and/or music playing. Perhaps the direction you are facing (North, East, West or South - facing the Sun, or the Moon) has special meaning to you. Perhaps there are artifacts (i.e. pets, jewelry, stones) that have personal meaning, and you wish to display them in your circle. Perhaps there is a special person whom you have decided to share this moment with.

The setting should be completely set at least ten minutes prior to the solar return moment. As you enter the 10 minute time band leading into the solar return moment, you may consider beginning a meditation. How you meditate is completely personal to you, there is no right or wrong way so long as you enter into a relaxed state. You may prefer to just relax in a scented bath, chant or use visualization or affirmation exercises. If the latter, then after achieving a state of relaxation, you can visualize the areas of interest coming up in the next year if you wish. In this visualization exercise, you might try to see yourself happy and successful in each situation.

This meditation should last into - and slightly beyond - the solar return moment. Once the moment has passed, and the meditation is complete, you are encouraged to give thanks. This may be done in a prayer, or whatever form is sacred to you. In this way, you bring a gentle closure to the sacred moment which has just passed, a moment which has now become the foundation for the one-year cycle about to begin.

You cannot be late for this moment. Otherwise, you might be symbolically late throughout the entire year. Do not take this moment in time lightly or else all of your affairs may be symbolically taken lightly all year. The solar return is best viewed in the spirit of a pilgrimage, or a mission. It is the most important holiday of the year to you. It is the one time during the year that you are connected to the Infinite through the special relationship of the Earth and Sun. It is a moment when you are potentially in tune with your destiny, which is signified by the Earth/Sun relationship. The Sun is what you are becoming (the future, your growth potential). The Earth is where you have incarnated (present, your being). Give it the reverence it is due.

At the time of your solar return, planets are positioned throughout the sky in a system known as "houses." Houses are simply a 12-fold division of the sky as seen from the location of your solar return.

These 12 houses are furthermore divided into three types: angular, succedent, and cadent houses. Each of these types have certain general meanings. The more planets you have in a certain type of house, the more it points to a certain type of year about to unfold. The character of the year will be shaped greatly by which house types have the most - and the least - number of planets.

In this calculation, both your natal and the solar return planets are used, as they fall within your solar return horoscope.

The majority of your natal and solar return planets fall in:

Balance: Having a balance of planets in each house type is most desirable. You have this, and it indicates a "balanced" approach to life, a nice combination of initiative, follow-through, and inspiration or new ideas.

The House Containing the Sun

The Sun is definitely the most important planet (star) to consider in the interpretation of solar returns, for the whole chart is based upon its principle. It is the only placement which is always identical (by longitude) in the natal as well as the solar return chart. Its house position shows where the greatest growth may take place during the year and where one may express the self creatively. It also denotes the area of greatest recognition as well as the area where the individual will "identify" the self this year. It is an indication of success according to house placement -- an area where the person may "shine" and show honor, a place where the individual may take pride in his or her accomplishments.

The houses have basically the same principles in the interpretation of a solar return chart as they do in a natal chart. The only difference is that the solar return houses are temporal in nature, and thus the actual interpretation of their meaning will be slightly modified because of this factor.

The Sun, at the time of your solar return, falls in the 3rd house.

3rd house: Great growth may take place in your mind and mental activities. Very creative ideas may lead you to engage successfully in writing, speaking, or sales. This year may be favorable for marketing ideas, or writing projects. It also indicates a year that may highlight relationships with your neighbors, brothers and sisters, and/or correspondence with others (i.e. short journeys, letter-memo writing, telephone calls, etc.). Furthermore it can indicate a year in which you purchase a new automobile, or some durable communications good (i.e. computer), that enhances your efficiency. Overall, you are apt to identify yourself in terms

of your ideas, and your success in relating those ideas determines the degree of your self-confidence for the year.

This placement might also indicate domestic problems, maladies involving members of your family or apprehensions of such. A tendency towards worry may be overcome through creative mental pursuits, like writing or studying something of interest.

Cusp Conjunctions of Solar Return or Natal Planets

An area of life is highly emphasized for the year of the solar return if a solar return or natal planet conjuncts any house cusp. The orb of the conjunction is approximately 3 degrees, 45 minutes, either side of the house cusp. The house system preferred (default) by the author is Placidus, Tropical method.

The planet making the conjunction describes the nature of activities - events, conditions - that tend to unfold in the coming year. This planet's nature is highlighted as being prominent for this year.

In your solar return chart, you have the following planets conjunct a house cusp:

Solar Return Venus on the 4th house cusp:

Relationships, love matters, romantic interests, compatibility and harmony with others is highlighted in this area of your life. It shows an area where you may experience popularity, as well as favorable developments in finances, valuables, and possessions. It denotes where you may exhibit good taste -- or style -- for the current year. It shows where you may find compatibility or acquire something of value. It also denotes the areas in which others are likely to show favor to you. It may be that you find things which are pleasing to your nature, i.e. a sense of beauty, in this area of life. It may indicate areas wherein you come across artistic and creative, or meet such types. More significantly it will show where you can make contacts -- and the types of contacts -- that you may use later on, either for yourself personally, or to function as a mediator or go-between for others. The qualities you tend to exhibit in this area of life are graciousness, diplomacy, sociability, and possible stubbornness, jealousy, and possessiveness.

The 4th house (I.C.) pertains to your home and your family; also your basic needs, your inner self, the "real you." This has to do with your domestic setting, the people you live with, and your parents.

Natal Saturn on the 6th house cusp:

This signifies the area in which you are likely to experience many obligations and commitments to others; areas of great responsibility, demands, and consequent seriousness. Much work, self-discipline and control are required in the matters in this area, and without proper attention, these matters could very well prove to be burdensome and the cause of both delays and personal disappointments. If handled properly, then you may establish the foundations of a long-term cycle. It can also represent the beginning of a long, beneficial relationship in this area of your life. But if patience, self-control and discipline are not exercised here, then much frustration may be encountered due to set backs and delays in the realization of your goals. Furthermore, friendships may prove to be burdensome rather than helpful in pursuits involving this area of life. It is also possible that matters from the past come back into your life here. Dealings with older people and those in positions of authority, and activities involving government or law enforcement agencies could also arise if they pertain to this area of life. Remember to be totally accountable in these areas. There are no magical qualities about the conditions ruled by this set up. This area is reality, and as such, may represent losses or setbacks if not handled responsibly. The qualities you tend to exhibit in this area are serious, studious, goal-oriented, responsible, but perhaps pessimistic, critical, and judgmental.

The 6th house pertains to your health and work setting. Regarding work, it deals with "how" you work and with whom you work, and who works for you or with you.

Solar Return Uranus on the 5th house cusp:

These are areas where sudden changes are experienced, where matters are apt to be rather erratic and unpredictable during the year. It shows where you may either encounter separations from established relationships or attractions to new ones. It indicates an area where ingenuity may be applied, or an "awakening" transpires, frequently attracting others to you because of such "original" ideas. It is possible that new developments in technology or with computers and/or software programs play an important role for you in this area during the year. It signifies the area of life where you might become extraordinary, or at the least, non-conforming and unconventional. Here you can expect the unexpected to occur. That which you take for granted as secure isn't; that which you never expected to work out, may indeed work out. Surprises are in store for you here, so it's best to be flexible and adaptable in this area of life. It could be exciting or disturbing. It is also an area where you may exhibit a very poor sense of timing - you are ahead of yourself and others. The qualities you tend to exhibit are charismatic, excitable, inventive, ingenious, but perhaps arrogant and over-zealous.

The 5th house pertains to your lovers, children, and people you socialize with (i.e. party with). It also has to do with speculative ventures and pursuits of fun and entertainment. It also rules creative pursuits, but mostly it has to do with your capacity for enjoyment of life and relationships with children.

Natal Pluto on the 11th house cusp:

This is an area in which you may experience potential greatness and/or may influence others with considerable power. It is an area in which things, matters, and people may be eliminated, removed, terminated, or at least transformed. It is an area that may require many reforms and major changes within your life flow. This is an area that may describe your relationship to, or position within, groups. It may describe your relationship to other people's assets and values. Oftentimes, something "dies" here, something is taken from the life here, or at least threatened with termination or removal in some way. A healing may be necessary in this area of life during the course of the year in question. The qualities you tend to exhibit are intensity, deep, profound and powerful, but perhaps obsessive and coercive, pertaining to this area of life.

The 11th house pertains to your friends, as well as people you have "power struggles" with; your professional rewards and accomplishments; the realization of your efforts; your dealings within groups.

Perceiving Reality and Relationships: Planets in Aspect to the Solar Return Horizon

Since the time and location of the solar return set up a structure (astrologically) for which an experience will occur that the individual will relate to, the foundation of that structure becomes extremely significant. This structural foundation is symbolized by the angles of the horoscope, the axes of the Earth, in which all the zodiac and all of the planets combine within. The relationship of these axes (angles) to the planets -- both natal and solar return planets-- give special meaning to the structure of experience the native will undergo during the period of the solar return's influence (one year).

A planet (solar return and natal) in close aspect to the solar return horizon (Ascendant-Descendant) -- orb no more than six degrees -- affects the nature of how one perceives reality, how one projects the self, what one considers important in dealing with others, and the behavior and activities which one expresses in the world during the year. It also describes how one tends to handle situations as they arise during the year.

The following represents a brief description of the planets (solar return and natal) in close aspect to the Ascendant/ Descendant axis in the solar return wheel (plus means trine, sextile and conjunction aspects; minus means square and sometimes conjunction aspects):

Natal Mercury Square Ascendant (Orb: 4°31')

Mercury in discordant aspect to horizon: This year may be fraught with misunderstandings and scattered thoughts. It is necessary to stay focused on one project at a time, and not get involved in too many unrelated activities. It may also be helpful to keep records of all agreements which you make, for you may find that you change your mind a lot. Business deals may go sour if you don't communicate effectively, or if you deal with others who suffer from lack of effective communication. The year may also denote great restlessness, a feeling of wanting a change, but finding oneself too busy - or too uncertain - to bring it about correctly. Watch out for mistakes caused by lack of proper attention to detail. It is a year favoring learning and training, but the mind must be cleared of distractions.

Return Mars Square Ascendant (Orb: 0°00')

Mars in discordant aspect to horizon: This year seems to have more than the normal amount of disputes and quarrels. Numerous battles with partners and close relations - personal and work - seem to occur. It is also a year of impetuous and perhaps immature behavior, one given towards temper tantrums. This is not favorable for relationships, and as such, close relations may be jeopardized because of your constant upset. In addition, you may have a tendency to act rashly and without thinking properly first. Such qualities may make you prone to mistakes or accidents. It may be wise to learn to count to ten before responding out of anger. It may also be wise to check over your work before putting it into effect. Try not to compete with others, but rather try to find value in who they are and what

they are doing. Try to reach out and help others, instead of expecting them to get out of your way. If not, they may do just that - get out of your way, and out of your life.

Since this aspect tends to coincide with potentially difficult circumstances, it may be wise to consider traveling elsewhere for your solar return, a place where this angular relationship would be removed altogether. If you are open to this possibility, consult a qualified professional astrologer for assistance.

Return Jupiter Trine Ascendant (Orb: 4°16')

Jupiter in harmonious aspect to horizon: You tend to experience great lightness and happiness this year. All things seem to be taken in stride, with a philosophical and positive approach. Your demeanor appears more charitable to others, and more accepting of points of view different than your own. For this reason, it may be easier than usual to laugh and enjoy life. Such an optimistic and flexible attitude makes you a joy for others to be around, and they may want to do things with you. The year therefore favors unions of all kinds - romantic, social, and professional. In many ways, your life grows in leaps and bounds. It is a year of many successes, many opportunities, of much joy. It favors signing contracts, travel, romance, legal matters, publishing, entertainment, education, and dealings with people from foreign countries. It is one of the most fortunate positions, and you are encouraged to remain near this location at the time of your solar return. If the aspect to the Ascendant is not exact, you may wish to consult with a qualified professional astrologer who can advise you on where this aspect would be more exact. The closer this aspect is to exact, the more powerful its correlation to your life experience is likely to be.

Return Pluto Sextile Ascendant (Orb: 3°34')

Pluto in harmonious aspect to horizon: This is a year in which you might feel and express tremendous power and influence over others. You have the ability to positively affect the lives of others, to help them (and yourself) make a successful transformation at a crisis point in life. You are like a psychologist or detective. This is a year of great insight and discovery. It favors research and intense study. What you find could be powerfully illuminating. It is a favorable year for getting rid of things that are no longer relevant to your life, and for terminating relationships that have been detrimental. It may be favorable for entering into new financial partnerships, or collecting debts owed to you by others. In group settings you tend to wield much influence, and be an agent of constructive reform, reflecting the values of the larger group who this group supposedly represents.

The Significance of Vocation and Family: Planets in Aspect to the Solar Return Meridian

A planet in close aspect to the meridian -- Midheaven and I.C. axis -- describes influences upon your vocation and home or family matters. It may also describe your spiritual impetus in the coming year and sense of purpose.

You have the following planets in close aspect to your solar return meridian this year.

Natal Moon Conjunction Midheaven (Orb: 4°08')

Moon Conjunction Midheaven is both harmonious and discordant.

Moon in harmonious aspect to meridian: Your work may feel like a family, and your family may be very supportive of your work this year. Both family members and work associates care a great deal about you. You are truly blessed this year with love. Any matters dealing with real estate or relocation seem to go very smoothly. If there are changes professionally, they also seem to coincide with favorable changes in income.

Moon in discordant aspect to meridian: This year may present serious conflicts between your family and work duties. Demands on both ends may cause you to be ultra-sensitive. Relocation may not go smoothly, and your home and/or professional life may be very unsettled. There may be a feeling of great unrest in your personal and professional life. Women at work, or at home, may be the source of great distraction or emotionalism, or they may simply be overly dependent upon you.

Natal Sun Conjunct Nadir (Orb: 5°53')

Sun in harmonious aspect to meridian: This year favors recognition in your profession. Along with this may come financial gains. It portends great growth and success in regard to your work and home, which directly enhances your confidence in yourself. It brings clarity to your sense of purpose. You tend to feel favorably identified with your work, or "calling in life."

This is a very favorable set up, and if the aspect is not exact (within 1 degree), you may wish to travel a short distance (i.e. probably less than 300 miles) to bring it closer to being exact. The more exact this planetary aspect is to the meridian, the more powerful this planet's nature is likely to be in your life this year. Consult a qualified professional astrologer for assistance in this matter if you are open to it.

Return Venus Conjunct Nadir (Orb: 0°29')

Venus in harmonious aspect to meridian: This year favors financial gains and income opportunities. Many new and favorable contacts may be made in your profession, so you are encouraged to develop relationships which you think have possibilities leading to professional or financial growth. There is much support for your ideas and talents. In the context of a group, or teamwork setting, you are the crux of much harmony, displaying an uncanny ability to resolve conflicts so the goals of the group can be met smoothly. In fact, you seem to have the ability to turn opponents into allies, to make an apparent negative into a positive. Support comes from the home front as well. There is much love and sharing possible within your family structure. If you wish to purchase or sell a home this year, you may realize great value or profit. Romantic liaisons are also possible and it may signify a year of entering into marriage or business partnerships and/or agreements. This is a very favorable set up, and if the aspect is not exact (within 1 degree), you may wish to travel a short distance (i.e. probably less than 300 miles) to bring it closer to being exact. The more exact this planetary aspect is to the meridian, the more powerful this planet's nature is likely to be in your life this year. Consult a qualified professional astrologer for assistance in this matter if you are open to it.

Natal Mars Square Midheaven (Orb: 0°55')

Mars in discordant aspect to meridian: This year may be fraught with numerous battles and conflicts, both in home and at work. It may be helpful to develop more sensitivity to the effects your actions are having upon others around you. They may feel you are making too many hasty and unwise decisions, decisions that are detrimental to the goals of the company or family. Perhaps you might ask them their thoughts on the matter before embarking upon it. Otherwise you may find yourself stepping on many toes, and upsetting those who support you may have been counting on. The result could be loss of support, even loss of job, as well as conflict within your own home. This set up portends some difficult conditions during the year. You may wish to consider traveling elsewhere for your solar return in order to remove this aspect. If you are open to this idea, you are advised to consult with a qualified professional astrologer for assistance.

Natal Saturn Trine Midheaven (Orb: 0°08')

Saturn in harmonious aspect to meridian: This is a year gaining respect and prestige in your work or community. You get what you deserve, according to the amount and quality of effort you put into your duties. You may tend to be very thorough and organized, which helps in the successful completion of important projects. It also enhances your image as an authority, or expert, in your field. Many years of solid work now gives credibility and status to your position. Your reputation in your field is now earned, and you may feel as if you have finally "arrived." There may also be a clarity of purpose in life, a sense of fulfillment in

terms of understanding, or realizing, your "calling in life." There is a sense of self satisfaction for a job well done.

Return Neptune Conjunct Nadir (Orb: 5°26')

Neptune in harmonious aspect to meridian: You may find yourself being placed upon a pedestal this year by others. Your imagination in work matters, as well as domestic and family concerns, is very great. If you are involved in advertising or marketing, this could be quite helpful. If you design or decorate homes or offices, this is excellent. There is a seductive "glamour" to what you are doing that draws others in. This could be very beneficial in a sales sense, such as creating incentive programs. There is a "romance" about your work - perhaps you really love what you are doing now. It seems as if you handle pressure quite well; in fact, you may be quite relaxed and laid back this year. Socially, you will do quite well. You are the perfect host or hostess, and everyone loves your parties. In both the home and work setting, you may find others come to you with their problems, and if you listen carefully, they may truly be helped by your counsel. This can create a sense of great inner satisfaction, of knowing you helped someone.

Being in the Flow:

Solar Return Planets Related to their Natal Positions

Some years we feel totally in synch with certain aspects of our nature, and some years we feel completely out of synch. Such periods may show in the relationship of your solar return planets to the natal planets of the same type. Although specific aspects between the two (solar return and natal planet of same type) are most powerful, a simple analysis of gender can be quite revealing. Generally speaking, if the solar return planet is in the same sign as your natal counter-point, you tend to be very much in synch with that planetary principle. If they are even in the same gender (Earth-Water are Yin, or Feminine, while Fire-Air are Yang, or Masculine), there is the sense of being compatible and in synch with this planetary principle. However, when the planet of the same type are in different genders, and especially if square or semi-square to one another, we may feel awkward and out of synch with that principle.

We will now examine the gender relationships between the solar return and natal planets of the same type, and see the areas in which you feel in synch with your natural rhythms, and which areas you may feel out of synch with those rhythms. In those cases where the two actually make an aspect to each other that aspect is listed. Sextiles and Trines tend to be favorable, as do most conjunctions. The squares and oppositions may be more discordant, although the opposition benefits by being in the same gender in most cases.

Moon to Moon, Same Gender: During this year you will tend to feel fulfillment of your emotional needs. You will likely have satisfying emotional experiences, i.e. love; meeting with others who appreciate your mannerisms, traits, or habits; social popularity, and even favorable public recognition; domestic security; happiness in moods; enjoyable experiences in eating and night life entertainment; favorable conditions resulting from past endeavors; meeting of others with similar needs who can be helpful now.

Mercury to Mercury, Different Gender: You are apt to be more scattered in energy than usual (restless and/or nervous). You may find little time for rest and relaxation, and you are advised to make time for the latter. It also indicates a year of potential misunderstandings with others, likely causing annoyance and some frustration. You can help this matter greatly by adopting an open-minded, flexible attitude towards new ideas. Basically you may find your self out of synch mentally. The ideas you are accustomed to may not be readily embraced by others. Perhaps it is wise to see things from the others' viewpoint this year.

Venus to Venus, Same Gender: Compatibility with others whom you love and care deeply for is highlighted this year. You may feel in a romantic mood for much of this year. Socially you may enjoy great popularity, as you meet people who have similar likes and dislikes. There is a sense of inner harmony and peace. There is consistency with your psychological values, as you are in synch here. You have ample opportunity to share beautiful experiences

with others. This may be a year for acquisitions which you will value greatly, perhaps even receiving gifts and/or praise from others. Financially there may be gains and you seem on track, according to goals you have set for yourself. This is a year of satisfying desires, especially sensual ones. Furthermore it is a time of being treated with fairness or favoritism by others. Also you seem satisfied with your appearance and/or style. In fact, there may be favorable experiences involving your physical appearance (increasing attractiveness i.e. hair style, new clothes etc.).

Mars to Mars, Different Gender: A tendency towards carelessness leading to accidents and/or disagreements (arguments) may highlight this year. There is a tendency for rashness and bluntness, perhaps causing offense to others. You are advised to be cautious of jumping into new things without thinking carefully (and consequently letting others down as you then jump out just as fast). You may lack foresight, thereby leaving new projects unfinished. There may be problems with self-assertiveness, obstacles in the success of new ventures -- perhaps even catastrophes of sorts. You may also feel over-stimulated and/or excited. You are advised to think before acting, to use discretion and care in all projects, especially new ones, and to practice safety in all of your affairs and activities where danger of accidents is even remotely possible. It may not be favorable to take an aggressive or competitive stance with others this year, as you are out of synch with your basic physical instincts.

Areas of Harmony or Stress:

Aspects to a House Ruler by Planets in its House

A planet in a house, in an aspect (especially major aspect) to the ruler of that same house, will indicate the ease or the difficulties to be encountered in those areas of life ruled by that house, according to the nature of the aspect. Of course, most of the planets in a particular house do not usually aspect the ruler of that house, but in those cases where they do, the nature of the aspect will indicate whether matters pertaining to that house will go smoothly and harmoniously (harmonious aspect) or whether they will tend to be obstacle-forming and conflict-orienting in their nature (affliction aspect). The aspects between these two planets, when they occur, take precedence over all other aspects to the planet located in the house.

This method applies to a solar return planet located in a particular solar return house, in aspect to the ruling planet of that house. That ruling planet may be either the solar return or natal planet. In cases where the solar return planet falls in the same solar return house as the ruler of that house, this may be treated as a conjunction. The matters of that house are thus considered very significant for the year.

Second house planets in harmonious aspect to rulers:

Financial affairs tend to go very well this year. It favors appreciation of income and savings, as well as coming into possession of valuable goods.

Third house planets in discordant aspect to rulers:

Misunderstandings and difficulties in communications mark this year. Tensions may be present in relationship to siblings or neighbors. You may experience problems with automobiles or any communications equipment (i.e. computers, telephones, fax machines, etc.).

Fourth house planets in harmonious aspect to rulers:

Harmonious conditions are experienced in the home and family. This favors family gatherings, and any changes involving one's household. Perhaps a change of residence, or birth of a child is forthcoming. It is also favorable for getting in tune with your spiritual self. It portends a deepening of consciousness, getting in touch with one's essence and inner, basic needs.

Fifth house planets in harmonious aspect to rulers:

This year indicates excellent relations with your children. It is generally a very happy and creative year, filled with many pleasurable experiences in one's social life. It favors romance and play. Entertaining, and going out to see entertainment, is favorable this year. All in all, it

is a marvelous time to enjoy yourself. If you speculate, you may experience much success. Socially, you may be very popular.

Ninth house planets in harmonious aspect to rulers:

The year generally tends towards happiness and lightness of being. If you are involved in publishing, litigation, or educational efforts, they tend to come out very favorably. Relations with people from different ethnic backgrounds also fare well. It is an excellent year for long distance travels. Your philosophical interests are stimulated as you come into contact with many new ideas. This is a good year to expand your social circle and meet people with different backgrounds and philosophies than yourself.

Eleventh house planets in harmonious aspect to rulers:

This year may highlight the results of successful efforts in the past (or present). It is not the effort itself, but the results or rewards that come from it (i.e. income, new position with greater authority). It also favors group activities. These group activities are not only enjoyable, but they add a richness to your life. New friendships may be formed now, and old ones solidified with new and enriching experiences.

Significant Time Periods for the Year Indicated by the Solar Return Chart

The art of predicting events -- or changes -- and the timing of such by the solar return chart is a three-fold process. The first of these, the progressed solar return Moon, will be discussed initially, whereas transits and the "one degree per day angular progression" methods will follow.

Time Bands of Significant Change: The Progressed Solar Return Moon

The following is a listing of the dates in which your progressed solar return Moon makes these exact aspects in the course of the next year, and their potential implications in your life at that time. Please note two things: first, you must allow an orb of six weeks before and after each date, as these progressed lunar aspects have a time band in which they may be effective. Second, this listing covers the period beginning three months before your actual solar return date, and 15 months following it. It covers an 18-month time band.

The reason for this is that your life doesn't just suddenly change on your birthday. There is a transition phase in which the conditions and issues of the last year (as shown in last year's solar return) begin to give way to the new conditions and issues denoted by this year's solar return. According to the principles developed by Raymond A. Merriman in *The Solar Return Book of Prediction*, this transition phase begins three months prior to your birthday, and continues for three months following your birthday. That is, three months prior to your solar return (when transiting Sun squares your natal Sun), you begin to witness the issues and conditions arising that will be relevant during your next birth year. Furthermore, the issues you are working through in any solar return year, will continue to be of importance for about three months following your next solar return (when the transiting Sun forms the waxing square to your natal Sun). You don't just leave those issues at once at the time of your birthday. During the three months before and after your birthday, there is this transition period where the conditions of the past begin to be resolved (or require less and less attention), and the new conditions and issues - shown in the new chart - begin to command increasingly more attention.

During the 18 months surrounding your solar return (3 months before through 15 months following), your progressed solar return Moon makes the following aspects to your solar return and natal planets, or their solstice points:

Nov 06, 2009: Moon Sextile Mars (Return)

Within six weeks of this date you may feel very energetic and highly motivated. Many of your activities seem to be going great, and much of your success is due to your own enthusiasm and hard efforts. During this period you may either start new ventures, or find yourself thoroughly immersed - and enjoying - things that have recently been started. There

is a sense of "newness" about you, of adventurousness. There is also a healthy sense of competition, and you fare well in activities with others. You have a "passion" for life, and in fact your physical passions may be highly aroused. In addition, you exhibit very fine leadership skills, combined with a healthy pioneering spirit. This is an excellent time to plan things you want to go well.

Dec 12, 2009: Moon Sextile Mercury (Return Solstice Point)

Within six weeks, changes for the better are possible in regard to your work or service. You are entering a period of mental acuity when your mind is apt to be sharp and quick. You may have the opportunity to make very good deals, as this is a positive business decision aspect. Life - and work - may be quite busy, but you probably enjoy this activity. It is an excellent time to write, speak, teach, learn, and in general it favors all types of communications. Should you have need for a new automobile, computer, software program, or any device that enhances your communications, this is an excellent time for purchase. News may come out at this time that is positive for you. It also favors any activities with young people.

Dec 13, 2009: Moon Semisquare Moon (Natal)

Within six weeks of this date, you may feel very restless and emotional. Your feelings tend to be easily hurt, and you may be given to bouts of whining, complaining, anger, or even crying. Close relationships may be a source of difficulties: perhaps you are too dependent upon them, or feeling suffocated because they are too dependent upon you. Family matters may also be troubling. During this period you are encouraged to examine your life and determine areas where you can truly be thankful and grateful. Instead of seeing yourself as a victim, see yourself as someone who is fortunate for the things and relationships in your life that are working out well. An attitude of appreciation and thankfulness is very possible, and will endear you to others, rather than the alternative, which is to push others away through a quality of over-clinging. It would also be helpful to have a specific and challenging project to focus upon. Otherwise you may be troubled by boredom, restlessness, or too many conflicting and undirected thoughts.

Jan 12, 2010: Moon Trine Mars (Natal Solstice Point)

Within six weeks of this date you may feel very energetic and highly motivated. Many of your activities seem to be going great, and much of your success is due to your own enthusiasm and hard efforts. During this period you may either start new ventures, or find yourself thoroughly immersed - and enjoying - things that have recently been started. There is a sense of "newness" about you, of adventurousness. There is also a healthy sense of competition, and you fare well in activities with others. You have a "passion" for life, and in fact your physical passions may be highly aroused. In addition, you exhibit very fine

leadership skills, combined with a healthy pioneering spirit. This is an excellent time to plan things you want to go well.

Jan 15, 2010: Moon Sesquiquadrate Neptune (Return)

Within six weeks of this date, you may feel as if you are in a fog, out-of-touch, and distracted by thoughts other than what is happening right in front of you. It is necessary to harness all of your energy to keep focused. You may be vulnerable to deception and even betrayal, but you can probably prevent this by just noticing the signs as they arise. If you do notice, then talk to these individuals before they do you harm. Clear things up for them, about you. You are likely to be very imaginative now, and this could be positive in an artistic sense. However you may also be given to fantasies and delusional thinking, so before you fully believe something, make sure there is a basis in reality for your belief. You may be well advised to avoid gossip or talking negatively about others, as it may come back to haunt you. Your "secrets" are not likely to be held in confidence, so be careful of what you say and who you talk about. Your reputation may be on the line, and you may be the subject of false accusations or deceptions. Try to see things as they are, and check your intuition out with reality during this time.

Mar 28, 2010: Moon Semisquare Neptune (Natal)

Within six weeks of this date, you may feel as if you are in a fog, out-of-touch, and distracted by thoughts other than what is happening right in front of you. It is necessary to harness all of your energy to keep focused. You may be vulnerable to deception and even betrayal, but you can probably prevent this by just noticing the signs as they arise. If you do notice, then talk to these individuals before they do you harm. Clear things up for them, about you. You are likely to be very imaginative now, and this could be positive in an artistic sense. However you may also be given to fantasies and delusional thinking, so before you fully believe something, make sure there is a basis in reality for your belief. You may be well advised to avoid gossip or talking negatively about others, as it may come back to haunt you. Your "secrets" are not likely to be held in confidence, so be careful of what you say and who you talk about. Your reputation may be on the line, and you may be the subject of false accusations or deceptions. Try to see things as they are, and check your intuition out with reality during this time.

Apr 20, 2010: Moon Trine Sun (Natal)

During this period you will tend to feel a sense of harmony and success in all of your efforts. Changes for the better are likely in regard to your career, family, and close relationships. Your health may improve as well, or you might notice greater energy and vitality. You tend to shine in situations which require leadership, and others may look to you for direction. Overall it is a time of confidence, potential recognition, and creative self-expression. It is a

time when you are likely to feel as if you are growing, or have grown, and many of your activities are coming to fruition in a successful manner.

Aug 11, 2010: Moon Sesquiquadrate Jupiter (Return)

Within six weeks of this date, you may experience a tendency to exaggerate or over-reach in your activities. You may find you have taken on too many things to do. Your judgment - both in others and in regard to how much you can handle - may not have been accurate. Try not to over-estimate yourself, others, or what you can or cannot do, during this time band. It is possible that you could feel quite confident - in fact, over-confident. It favors socializing and meeting people, having a good time. However be careful of speaking without thinking, for you could unintentionally insult others and/or bring embarrassment to yourself. It is a time of indulgence and excess, of giving into temptation and forsaking discipline. It is therefore not the best time to make agreements or sign contracts - you may be giving away too much. This could result in loss.

Sep 08, 2010: Moon Trine Venus (Return)

Within six weeks of this date, you may experience much popularity, romance, and acceptance. Your magnetism is very strong during this period, and others may just want to do things with you. It favors contracts, agreements, and social activities. Others are very supportive and helpful in your efforts and with your needs. Perhaps you make a large item consumer goods purchase, or are given something of great value. It is also favorable for any changes in your appearance and style. Matters of love and romance are highlighted favorably during this time. So too are positive financial developments. Perhaps there is a pay raise, or increase in sales, or just the realization that your savings and net worth are increasing. It coincides with a sense of greater financial and psychological security, as well as amorous feelings.

Sep 24, 2010: Moon Sextile Midhvn. (Return)

Within three months of this date, you may experience changes for the better in your work and/or home. Yet this may be accompanied by a great deal of worry and restlessness if the aspect is a conjunction or opposition. There is much support for your changes here. Whether you actually change careers, or just work on different projects within the same role, the change appears beneficial. There is a feeling of "family" with those who you work with. At home, there is a special bond between you and your spouse, children, parents, or whomever you might live with. Your nurturing qualities are appreciated by others. This period favors changes in residence should you or your relatives wish to move.

Sep 24, 2010: Moon Opposition Saturn (Natal)

Within six weeks of this date, you may tend to feel very organized and in control. There may be the realization that your long-term efforts are paying off. Perhaps credit is coming your

way in the form of recognition, greater income, status, and/or new responsibilities and authority. You have earned the respect of others for your accomplishments, dedication, and commitment, and may now be seen as an expert, or authority in your field. This is a time period in which you may feel as if you have reached a certain plateau, or goal, or level in life, and it is satisfying.

Sep 29, 2010: Moon Square Mercury (Return)

Within six weeks of this date you may encounter some sort of misunderstanding with another. You may experience difficulty in getting your ideas - or intent - understood by others. They too may feel that you do not understand their position. Adjustments may be necessary, and you may have to act quickly (but not rashly) in order to get everything back on track. During this period, you are encouraged to make certain of your facts, and not project blame onto others without checking things out first. Business decisions, deals, or activities may go sour, due to misunderstandings or misinformation. It is possible to salvage something, though, if you adjust quickly to the new reality. Be careful of signing papers or making any agreements now, without thorough analysis and total understanding. Also be careful of others who may try to attribute thoughts to you that you did not express.

Nov 05, 2010: Moon Trine Ascend. (Return Solstice Point)

Within three months of this date you may notice positive changes within your home and close relationships. You tend to feel an increase in affection for others, and from them as well. Improvements in your family and domestic setting are possible. You look good to others too, as your power of attraction is quite strong. This favors romance, dealings with women, and an increase in a close, intimate bond with someone special.

Jan 05, 2011: Moon Quincunx Uranus (Return)

Within six weeks of this date, it may seem as if a series of disruptions and distractions are suddenly occurring. Everything seems to fall apart or come unraveled at once. People are strange. They act erratically and perhaps without reason or sensibility. Even you are given to erratic behavior and emotionalism. One day you are up and the next day you are down. This period may coincide with separations and disagreements. It may be difficult to see eye to eye with others. You are just on a different track, and your timing may be off. Still, you have plenty of exciting new ideas. It is a time of progressive thinking. It's just that nobody can understand or appreciate what you are conceiving. It is difficult getting your ideas across effectively, and so you may feel awkward and out of place. You may meet people who are exciting, at least physically attractive, but you may also discover you have nothing really in common with them. It may be best to use this period to write ideas down and come back to them later (they are ahead of their times, perhaps). Do not use this period to make new purchases in computers or electronics, for all such matters (and electrical ones too) may go awry. What you attracted to, and what you think you want, may not be accurate now.

Jan 08, 2011: Moon Sextile Moon (Natal)

Within six weeks of this date, you may feel a great and special love for - and from - someone in your life. This arouses the closeness and intimacy drive. This is a fine time to do very special things with people whom you care a great deal about. These experiences may be deeply cherished, and remembered fondly. It is an excellent period for family activities and any domestic changes you wish to make (i.e. renovation, moving, fertility, pets, etc.). A bond is likely strengthened between you and someone special. It is a time that you can depend upon others, and they can depend upon you.

Jan 13, 2011: Moon Sextile Ascend. (Natal Solstice Point)

Within three months of this date you may notice positive changes within your home and close relationships. You tend to feel an increase in affection for others, and from them as well. Improvements in your family and domestic setting are possible. You look good to others too, as your power of attraction is quite strong. This favors romance, dealings with women, and an increase in a close, intimate bond with someone special.

Feb 08, 2011: Moon Sextile Pluto (Return Solstice Point)

Within six weeks of this time you are likely to experience some deep insight or a sense of power, or both. This may be a time of revelation, of discovering something, of finding out something of value. In group settings, you may have considerable influence over others, and with this influence, you may be an agent of some kind of change, reform, or improvement. This period may be most marked by your successful efforts to bring something to a close. It favors termination's, elimination's, and transformations - or changes for the better. It is also a period in which you may experience satisfying sexual activity. Financially, it bodes well too. If you are in sales, this favors opening new accounts. It also favors collecting debts or getting a mortgage or loan.

Feb 11, 2011: Moon Trine Neptune (Return)

Within six weeks of this date, you may feel very romantic. The imaginative part of the mind is stimulated, and you may "see" or visualize things very vividly. If you are inclined towards the arts or music or writing, this may be a wonderfully creative period. If you have spiritual leanings, this may be a time of a marvelous outpouring of compassion, one that cleanses the soul, so to speak. There is an "opening" on an inner level, a "heart" experience. This period favors vacations and travel, especially to romantic areas, or tropical climates, or areas near water and nature. This is an excellent time to go out and entertain, or be entertained. Experiences around glamorous individuals or activities are quite enthralling. As a counselor, you may experience an encounter with someone who is truly grateful for your help. There is a joy at knowing you have really helped someone. Your behavior may be saintly or virtuous, or you may meet someone who behaves that way to you. This is a time to be gentle with others - there is something precious in your life. Recognize what that is.

Feb 26, 2011: Moon Conjunction Jupiter (Return Solstice Point)

Within six weeks of this date you may experience a great deal of success and/or happiness in all of your affairs. This is a time of celebration and joy. Perhaps there are many occasions to socialize or party with friends and/or family. There may be weddings, announcements of births, or other special occasions with which to celebrate. Or, it may be just a very active and pleasurable social period. Your attitude of friendliness and positive thinking helps you in dealings with others. There may be gains through work, contracts, and agreements. Unions with people are positive now as well. This is a time of expansion and success, bringing about great happiness in general. If you are in school, or learning or teaching something of value, or traveling, your experience tends to be very positive. This is a time of confidence and "good feeling."

Shifting One's Focus: The Transiting Sun to the Solar Return Houses

Since the solar return is based upon the movement of Sun (actually the earth in relationship to the Sun), it is logical to assume that the transiting position of the Sun in relationship to the solar return chart would be important. And it is.

Although the entire period during which the transiting Sun through a house emphasizes conditions dealing with that house, it is primarily the three-day period surrounding that house ingress that is most important. Three days before through three days after the time the transiting Sun conjuncts a solar return house cusp brings to the forefront conditions involving that house's domain.

The following is a listing of those dates in which the transiting Sun will conjunct the various house cusps in your solar return chart for this year:

Feb 08, 2010

The Transiting Sun Enters The Fourth House: This is a period in which domestic and family matters assume greater importance. It favors quality time spent with your family. It also favors time spent in contemplation or meditation, as an inner awareness seems to grow. Any transactions involving real estate or property may now be highlighted. Perhaps it is favorable for purchase of such, or valuable home furnishings or appliances. Much of the family's attention may be centered on you, especially within three days of the date listed above.

Mar 13, 2010

The Transiting Sun Enters The Fifth House: Starting around this time you may commence a period of enjoyment, pleasure and fun. It tends to be favorable in relations with your children, young people in general, and romance. Others may find you attractive and a joy to be around. You may tend to be lighter and more vibrant than usual. All attention may be centered upon you if you are in the public, and you seem to "shine" (and you enjoy it). Travel, entertainment, and/or speculation may be highlighted now as well. The most significant part of this time may be within three days of the beginning.

Apr 08, 2010

The Transiting Sun Enters The Sixth House: This is a time when work duties are likely to predominate your mind. You may find yourself working diligently on a specific project during this period, attending to great detail and/or analysis. There may be a health concern too. There may also be an issue with a co-worker that needs to be worked out. Cooperation and compromise may be necessary. Overall, the quality of your work is important, and as such, it may improve. The most significant time seems to be within three days of the beginning of this period.

Apr 28, 2010

The Transiting Sun Enters The Seventh House: During this period, emphasis will likely shift to partnerships, marriages, contracts and agreements with others. It is a period highlighting social engagements and meetings. You tend to be well-liked and popular now, and your attention may be relaxing from the prior period's intensity of focus. Meeting people on their level may be beneficial. Offers and proposals may be offered. Unions of many kinds tend to be positive. If you are married, there seems to be an improvement either in your relation with your spouse, or his/her relations with other people. This may be a time to have meetings with your agent, lawyer or accountant. The period within three days of the date listed above may be most significant.

May 27, 2010

The Transiting Sun Enters The Eighth House: This begins a period which highlights finances - especially in agreements with others - taxes, insurance's, and possibly estate matters. If you wish to terminate or end a condition or relationship, now may be the best time to do so. This is a favorable time for research efforts if you are so inclined. There may be a conflict over money matters. This time favors any efforts for reform or "cleaning out" things you no longer need. There may also be an increase in your sexual desires. The most important time for these issues may be within three days of the date listed above.

Jul 03, 2010

The Transiting Sun Enters The Ninth House: During this period you may have an opportunity to take a long trip, be involved in successful educational matters, or to teach. Generally speaking, it is a lighter time than the one just passed through. This period is given to expanding one's mind through philosophical discussions or readings. Dealings with people from foreign countries tend to be positive. Publishing ventures tend to be successful now as well. Entertainment and/or speculation may be highlighted now as well. The most notable time is within three days of the date listed above.

Aug 12, 2010

The Transiting Sun Enters The Tenth House: Your career is highlighted now. This is a period where you may "shine" professionally. Your status in your community, or within your profession, may increase. You could be held in higher regard, and your support may be sought by others. There may be a glimpse of your potential "destiny", of what you could do in this lifetime, and certainly within this year. It is a favorable time to handle responsibilities with skill. The period within three days of the date listed above may be most noticeable in the areas just described.

Sep 15, 2010

The Transiting Sun Enters The Eleventh House: Rewards for your professional efforts may be forthcoming during this period. This time also highlights relationships with friends - it is a favorable time to do things with your friends. During this time you may pause to consider your motivations for doing the things you are doing. Are you engaged in group activities because of the glory you get from it, or because you believe in the "cause?" An inner conflict might emerge temporarily, perhaps brought on through conversation with a friend, or a member of a group that you are involved with. However, this period overall still indicates you have plenty of control and influence. There is an emphasis upon your association with groups. The most telling part of this period is probably within three days of the date it begins.

Oct 11, 2010

The Transiting Sun Enters The Twelfth House: This is a period in which you may become more reclusive. Perhaps you are beginning a project that requires great attention and freedom from distraction and interruptions. You may close yourself off for awhile. It favors research and projects which need time alone to complete. Your dreams may be very active, and your goals may be very hazy - unclear. Physically you may feel weaker than usual, so rest is important. Otherwise there may be illness or tiredness. This is a favorable time to offer help to others; they tend to benefit through your counsel.

Oct 31, 2010

The Transiting Sun Enters The First House (Conjunct the Ascendant): During this period you will tend to be more in the limelight. You will tend to be more confident, radiant, energetic and charismatic. Your role as a leader in your surroundings will tend to be more acknowledged, and accepted by you. Your motivation to do things better and more successfully is stronger; you are likely to be more assertive and creative, as well as more directed in your efforts. The three days either side of this beginning date are most effective.

Nov 28, 2010

The Transiting Sun Enters The Second House: During this period your financial matters are highlighted. It is a time of receiving rewards, results, or financial gains from your previous efforts initiated when the Sun transited through your first house. Hopefully there were efforts then. The most significant period in regards to monetary matters may happen within three days of the time this transit started.

Jan 02, 2011

The Transiting Sun Enters The Third House: During this period you tend to have many creative and inventive ideas. It favors sales, learning, speaking, writing, correspondence, and communications of all kinds. It is favorable in dealings with your neighbors or siblings. It may also represent a time when you might purchase an automobile or any communications

device, should you be thinking of such. You may also consider reading a good book. The most significant time for creative ideas or successful communications endeavors may be within three days of the date listed here.

Specific Dates of Potential Noteworthy Events: The Progressed Solar Return Angles

One of the most accurate techniques of timing significant events and changes during the year is by progressing the angles of the solar return chart. The meridian (M.C. and I.C.) is progressed forward through the solar return chart at the same rate as the transiting Sun, or approximately one degree per day. In other words, if the Sun has transited 5 signs and 20 degrees from the time of the solar return, you may move the M.C. of the solar return forward 5 signs and 20 minutes to see where it is by progression. By the same token, you can then look up the corresponding Ascendant for that M.C. degree, and that will represent the progressed horizon (Ascendant - Descendant axis) for that same day.

The angles progressing through the solar return chart may be likened to transits: they "bring" conditions to the individual, according to the angle's nature. The planet receiving aspects by the progressed angle denotes the individual's likely response, or expression, to the condition. The area of life emphasized is a combination of the angle involved (which is also an area of life), and the house which contains the planet being aspected, as well as the house which the planet rules in the solar return chart.

One point needs to be highlighted here: it is primarily the conjunction (or opposition) of the progressed angles to a solar return or natal planet that is important. Although other aspects, like the square and trine, may coincide with events or conditions described by the angle and the nature of the planet(s) involved, it is primarily the conjunction/opposition aspect that seems to consistently point out the times of the major events of the year to which the return applies.

This technique of progressing the angles is reliable within a three-day time band, and usually within only one day. When used with the other techniques of prediction, like the progressed solar return Moon and the transits to the solar return chart, these dates can be an amazing indicator of significant events to unfold in your life during this year.

Within three days of the following dates, your solar return angles will progress to form a conjunction to these listed planets in your solar return or natal chart - look for significant events to unfold at these times during the year:

Feb 06, 2010: Moon (Natal)

MC conjunct Moon: A time of changes in work; emotions may be high in regards to your work; interesting or significant dealings with women at work; an opportunity to do something in the public; a time of combining work and family matters, perhaps real estate transactions; sensitivity in work or in regards to your status; it may be a time of instability at work, or dealing with people who are over-emotional or dependent.

Feb 08, 2010: Neptune (Return)

IC conjunct Neptune: This is a time that may coincide with either very pleasant and beautiful experiences in the home, or great confusion; negatively there could be a tendency to be very absent-minded, forgetful of promises made to family members, intimate relations, or people in your home; you may encounter deception or lies in the home, which can hurt; problems with the plumbing, roof, or water system are possible now - perhaps leaks caused from rains; positively this may be time of wonderful inner and spiritual experiences; it favors meditation; dreams may be very active as well; you may have an opportunity to truly help someone close to you, perhaps a family member, who is depressed, distraught, or confused; a sense of great compassion within you is possible now.

Feb 16, 2010: Jupiter (Return)

IC conjunct Jupiter: A time of great happiness and celebration in your home or with your family; success in real estate ventures - buying and/or selling a home or property, or finding a place that you like; perhaps an announcement of a birth, or marriage, or anniversary in the family; a favorable time to host a gathering or party in your home amongst friends; a time of growth if you are engaged in any spiritual practice; an awakening that brings forth much inner joy.

Feb 19, 2010: Mars (Natal)

Asc conjunct Mars: A time of great energy and drive, when you are highly motivated; a very active and possibly eventful time of the year; a time when you are likely to start new projects; a pioneering spirit, and a time of great independence and ingenuity; there may be a tendency towards arguments and anger now; it is wise to exercise great self-control and restraint; it is not wise to hurry or rush, as accidents may happen; a time of increased sexual passion.

Mar 04, 2010: Neptune (Natal)

Asc conjunct Neptune: This is a time to be a little cautious of your thoughts, as there may be a tendency to fantasy and self-delusion; you may totally misunderstand something, or misread something, and if so, this may be embarrassing to you; a tendency to be "in a fog", to not be totally in the here and now, to be forgetful and absent-minded; as your imagination is highly stimulated, this may be a favorable time to entertain, to go out and have a romantic evening with someone you love (and trust); it is not favorable in dealings with those whom you do not trust, or with whom you are suspicious; this is a time when you may need counseling or you are able to provide counseling to others; it is a time of feeling vulnerable, and perhaps of being gullible; it is also a time in which your body is highly sensitive to drugs, alcohol, or medications, and your immune system may be weak.

Mar 09, 2010: Pluto (Natal)

MC conjunct Pluto: This is a time when you may experience threats to your role at work; power plays and positioning for influence may cause much tension around you; others may be plotting behind your back; the termination of a task or role or work; the need to change things as they are, perhaps forcibly, but hopefully with a sense of improving the condition; removal of a father-figure or a superior, or an experience of their intensity at work.

Mar 09, 2010: Uranus (Return)

IC conjunct Uranus: This is a time when you may experience a sudden jolt in your home or family life as unexpected events arise; the possibility of electrical or computer failures in your home, or the possibility of purchasing a new computer or electronic device in the home; a change in the home, for better or worse; it is favorable, perhaps, for trying to do something "modern" in the home (i.e. renovation); the advent of new people (strangers) entering the home, which if invited, could be highly stimulating; a sudden realization in one's spiritual path, an enlightening inner experience; a very creative and inventive time, one filled with much intuition and "sense of the future;" there is the potential of accidents and sudden interruptions in the home life, and possibly work life as well.

Mar 16, 2010: Venus (Natal)

IC conjunct Venus: A happy time in one's home or family; sharing a fond experience with members of the family, or with someone in your home; a successful gathering in the home (i.e. party); increased appreciation of the home or family (finding out the value of your home has increased); purchasing things of value for the home, or doing things of value with the family; love of one's home; love within one's home; compliments from others about your home or family; a period favoring love and affection.

Mar 18, 2010: Uranus (Natal)

MC conjunct Uranus: This is a time when you are likely to experience sudden and unexpected events in regard to your profession; sudden changes at work or in your responsibilities; the opportunity to start something new, or to end something suddenly (i.e. your job?); you tend not to get the response you expected, and as a result, you may be forced to make quick adjustments in your plans, especially regarding work; a time of a sudden realization, which may be favorable in terms of understanding your calling in life, but may be unfavorable if you fail to take it as a "sign"; the breaking of relations at work; the meeting of new people connected to work; being inspired with new ideas concerning your work or calling in life; an incredible, enlivening experience, or a sharp disruption and interruption in one's plans, or both; a strong "sense of the future", and perhaps a psychic insight into something that will soon happen (i.e. prophetic thoughts).

Mar 19, 2010: Saturn (Return)

MC conjunct Saturn: This is a time when you may experience disappointment, setbacks, or delays in attaining goals you have set for yourself; there may be some disappointing news in regard to work; a time of rejections, denials, withholding of support that you desired; professional growth may be slowed; however it may be favorable for re-writing or re-stating or re-thinking your goals more clearly now; the opportunity to organize your thoughts and goals regarding work; the potential of difficulties with your parents or employers; tension or stress in your work; you may be best advised to take more time to work things out more properly; not a favorable time to ask for favors or support at work; denial of your requests.

Mar 20, 2010: Jupiter (Natal)

MC conjunct Jupiter: A time of favorable occurrences with regard to your work; the successful implementation of a project, or culmination of a goal, and the resultant rewards and positive feedback from such well-done efforts; a "bonus" at work, or increased sales and/or income; opportunities to expand and grow at work; an offer, a proposal, that is flattering; the opportunity to enter into a professional agreement or contract; positive and successful meetings with others; successful judgments; a favorable time to make proposals to others; success socially and professionally.

Mar 26, 2010: Moon (Return)

MC conjunct Moon: A time of changes in work; emotions may be high in regards to your work; interesting or significant dealings with women at work; an opportunity to do something in the public; a time of combining work and family matters, perhaps real estate transactions; sensitivity in work or in regards to your status; it may be a time of instability at work, or dealing with people who are over-emotional or dependent.

Apr 04, 2010: Saturn (Natal)

IC conjunct Saturn: This is a time of disappointments, setbacks, or delays in regard to your family or home life; tension in family relations; problems within the home (i.e. heating or air conditioning system, perhaps), possibly requiring delays and causing inconvenience; setbacks possibly at work as well; a need to "get out" and escape worries; this time requires patience with yourself, and may be favorable for meditation or long-range planning, particularly regarding family matters; possibility of an illness in the family, or "coldness" with a family member or someone living in your home.

Apr 21, 2010: Pluto (Return)

Asc conjunct Pluto: This is a time of great intensity; you may feel obsessed, or driven with something or someone; it may be a time that you seriously consider eliminating somebody, or something, from your life; perhaps it is best to consider alternatives before drastic actions are implemented that hurt others or yourself- is there any chance of a "win-win" in this situation? At its best, it is a time of deep insight, discovery, and positive influence over

others; at its worse, it is a time of rage, of wanting to get even or destroy someone in some way; conflicts over money and/or power are possible now, in business or personal matters; this may also be a time in which tax or insurance matters come up; it is a time requiring caution and avoidance of dangerous situations or feelings from within yourself; an act of coercion is possible, so avoid dealings with others who try to force you to do things against your will; by the same token, you are encouraged to avoid forcing others to do anything against their will.

May 04, 2010: Mars (Natal)

MC conjunct Mars: A time of much activity and motivation in work; accomplishments through hard work; strategizing and making long-range plans; quarrels and arguments at work; upset caused by new conditions related to work; possibility of errors or mistakes; eager to attempt new things in regards to work or one's vocation; blazing a new trail and initiating new developments and/or products; highly motivated and busy period; a time of being upset with someone, probably in work.

May 06, 2010: Mercury (Return)

Asc conjunct Mercury: A time favoring communication and/or travel; there may be many new ideas you would like to express; favorable for writing, reading, speaking, or learning; a time of great intellect and mental alertness; good sense of humor; a time of making deals, and possibly purchasing things like computers, electronic devices, or communication objects; a favorable time to contact someone about an idea you have, or to receive a call from someone who has an idea for you; favorable communication.

May 13, 2010: Neptune (Natal)

MC conjunct Neptune: This is a time that is apt to be confusing in regard to your work or reputation; misunderstandings over your role - or the role of others - may cause feelings to be hurt; deception or even betrayal may be experienced at work or with others whom you trusted; your reputation may be vulnerable to attack; others may look up to you, but perhaps they are putting you on a pedestal that has set them up for disappointment in you, i.e. they had false expectations of you, or you of them; an undermining of your goals by another is possible, who may even intentionally present you in an incorrect and inaccurate light; dealings with "weasels"; this may be an excellent time for advertising or marketing projects, as your imagination regarding work tasks is very stimulated; an experience with a "goddess;" a spiritual experience, and the feeling of great love or compassion for another; the possibility of being victimized by another, or truly helping or being helped by another (you may need to ask yourself "what is their motive?", for they may appear to offer help, but actually set you up for betrayal).

May 16, 2010: Mercury (Natal)

Asc conjunct Mercury: A time favoring communication and/or travel; there may be many new ideas you would like to express; favorable for writing, reading, speaking, or learning; a time of great intellect and mental alertness; good sense of humor; a time of making deals, and possibly purchasing things like computers, electronic devices, or communication objects; a favorable time to contact someone about an idea you have, or to receive a call from someone who has an idea for you; favorable communication.

May 19, 2010: Mars (Return)

Des conjunct Mars: A time of drawing very motivated and energetic - and perhaps competitive - people into your life; others you meet or know may be very upset, perhaps at you; meeting very domineering and self-centered people; a time of attraction, and perhaps wishing to enter into unions or agreements with others, but best to proceed slowly here; the possibility of a dispute, argument, or great upset, perhaps due to violations of agreements, or inconsiderate and insensitive actions by others towards you or someone you love - and if so, you may feel an urge to aggressively defend yourself or another person; to fight for your rights.

May 24, 2010: Sun (Natal)

Asc conjunct Sun: A time of great vitality and energy, when you might exude much confidence and psychological strength; a time of recognition and favorable attention; you look and feel healthy, and others are attracted to you; a creative time; a time of exhibiting leadership qualities.

May 26, 2010: Venus (Return)

Asc conjunct Venus: A time in which your personal attractiveness is very high; you may look and feel very good; others are impressed with you; a time of charm and graciousness; favorable for being out in the public and being well-received; confidence and self-assuredness; financially this may be a successful time as others see value and worth in your efforts; a favorable time for meeting someone attractive.

May 29, 2010: Moon (Natal)

Des conjunct Moon: A time of popularity and meeting people; favorable for social events and meeting people with whom you have an immediate bonding, as in a sense of already knowing them; meeting people with whom you feel comfortable; significant and emotional women in the life; changes within your partnership(s); sensitivity to one's mate or partners, or they are more sensitive than usual; a favorable time to share something intimate; an unfavorable time to do something that hurts another; events which affect your marriage and/or partnership.

May 30, 2010: Neptune (Return)

Asc conjunct Neptune: This is a time to be a little cautious of your thoughts, as there may be a tendency to fantasy and self-delusion; you may totally misunderstand something, or misread something, and if so, this may be embarrassing to you; a tendency to be "in a fog", to not be totally in the here and now, to be forgetful and absent-minded; as your imagination is highly stimulated, this may be a favorable time to entertain, to go out and have a romantic evening with someone you love (and trust); it is not favorable in dealings with those whom you do not trust, or with whom you are suspicious; this is a time when you may need counseling or you are able to provide counseling to others; it is a time of feeling vulnerable, and perhaps of being gullible; it is also a time in which your body is highly sensitive to drugs, alcohol, or medications, and your immune system may be weak.

Jun 03, 2010: Jupiter (Return)

Asc conjunct Jupiter: A time of great happiness in general; a period in which you are likely to be very open-minded, charitable, optimistic, and of good cheer; enjoyment of activities with friends; a "good experience" with others; festive activities; success in one's social life as well as business; the opportunity to enter into agreements with others along the lines of your interests; making proposals to others, and being accepted; a time of great joy and love of life; perhaps a time of too much drink, food, or indulgence in excess; a successful venture; entering into favorable unions with others through your own initiative. This may be a time of luck.

Jun 12, 2010: Pluto (Natal)

Des conjunct Pluto: This is a time in which you may encounter others who try to force you into accepting agreements or matters against your will; a time of meeting very intense and forceful people; it is a period in which agreements and relationships may be terminated, or at least threatened with termination; conflicts over money or power with others; rejections from others is possible now; in all dealings with others, it is best to proceed slowly, and with the attitude of trying to find areas of compromise that benefit both parties - things can change for the better so long as it does not evolve into a contest over who has the power; positively, this may bring you in touch with very deep and profound people, or those who have done incredible research and who wish to share this with you.

Jun 12, 2010: Uranus (Return)

Asc conjunct Uranus: This is likely to be a time of great excitement, but also one of unexpected events arising in your life; if flexible, this could become something quite positive, and certainly enlightening; a time of great inspiration, and perhaps willingness to take risks and try new things; a break from your normal pattern, and a tendency to act differently than others expect of you; you may actually surprise, or shock others, with your behavior; being unconventional, but highly interesting; magnetic, with the ability to attract new people into your realm, but perhaps people with whom you share very little in

common, other than mental or physical "chemistry"; a "strange" personal experience may happen to you at this time; a tendency to feel very independent, and perhaps do things that are highly individualistic; this may not be a time of agreements with others, as they may not understand you..

Jun 18, 2010: Jupiter (Natal)

Des conjunct Jupiter: A time of optimism regarding contracts, agreements, and activities involving others; receiving offers from others that are generous; the opportunity to enter into a partnership, or association with another; great popularity with others, and demand for your time and presence; this may also be a time when others promise great things, but can they deliver on these promises? You would be wise to put these promises into a formal contract, and not rely heavily upon trust of what others say right now. In any event, contact with others seem very encouraging, and a source of excitement and happiness at this time. It is also favorable for any dealings with attorneys or agents - they may have something better than even you conceived prior to meeting with them; this is a period of working well with others and coming to an agreement or understanding that is mutually beneficial.

Jun 18, 2010: Saturn (Return)

Des conjunct Saturn: This is generally not a favorable time for agreements or negotiations with others; others tend to resist you, or in some way try to force to "give in" to their demands, which are not always in your best interest; disappointment in others, especially if they exhibit a lack of integrity and willingness to follow through upon agreements already made; the possibility of violating a contract or understanding, and letting someone else down, or being let down by another; tension in partnerships, marriage, or work associations; frustration in getting others to see your point of view, or in general dealings with others; a rejection, or an effort to get you to accept "less"; a possibility of finally forging out a compromise and agreement, of putting it into form, but you better check it carefully and be certain that it does not obligate you beyond your wishes; illness with one's mate or partner is possible; the mate or partner may be depressed and under much pressure, and may require your help or patience; on the other hand, the mate may not offer support that you need; a need to be sensitive to others, and to be around others who are supportive of you.

Jun 18, 2010: Uranus (Natal)

Des conjunct Uranus: This is a time when you may meet strange and unusual people; others may act very erratically, especially partners or mates; an unusual and unexpected experience with another person; agreements with others may be broken, and yet new agreements may be forged; difficulties with the mate or partner, or with an associate due to a possible misunderstanding, or intentional violation of an understanding; trying something

new with a partner that is exciting; meeting new people with whom you may have little in common, yet you are attracted to them, and they to you.

Jun 18, 2010: Venus (Natal)

Asc conjunct Venus: A time in which your personal attractiveness is very high; you may look and feel very good; others are impressed with you; a time of charm and graciousness; favorable for being out in the public and being well-received; confidence and self-assuredness; financially this may be a successful time as others see value and worth in your efforts; a favorable time for meeting someone attractive.

Jun 20, 2010: Pluto (Return)

MC conjunct Pluto: This is a time when you may experience threats to your role at work; power plays and positioning for influence may cause much tension around you; others may be plotting behind your back; the termination of a task or role or work; the need to change things as they are, perhaps forcibly, but hopefully with a sense of improving the condition; removal of a father-figure or a superior, or an experience of their intensity at work.

Jun 20, 2010: Moon (Return)

Des conjunct Moon: A time of popularity and meeting people; favorable for social events and meeting people with whom you have an immediate bonding, as in a sense of already knowing them; meeting people with whom you feel comfortable; significant and emotional women in the life; changes within your partnership(s); sensitivity to one's mate or partners, or they are more sensitive than usual; a favorable time to share something intimate; an unfavorable time to do something that hurts another; events which affect your marriage and/or partnership.

Jun 23, 2010: Saturn (Natal)

Asc conjunct Saturn: This is a time in which you may feel "under the weather", stressed-out, pressured, and generally intense or serious; you may have a lot on your mind, with a tendency towards worry; disappointments in either yourself or others may be present; it may be wise to have a task to do that does not have any time pressures attached with it; a favorable time for reading or studying, so long as there is no "test" associated with it; it is advisable to clear your schedule at this time, for things may arise which prevent you from fulfilling obligations satisfactorily; benefits may come from being disciplined and controlled; a time to accomplish something so long as you avoid distractions and stick to the schedule; lack of discipline results in frustrations and falling behind in one's tasks.

Jul 06, 2010: Mercury (Return)

MC conjunct Mercury: A time in which your business matters may be highly emphasized; making deals; discussing ideas with business colleagues; speaking engagements - as a

speaker or attendee; a learning opportunity that might benefit you professionally; a chance to work, to be of service at work; travel related to work, or communication with someone at a distance; purchasing communication devices to be used in work, i.e. computers, fax machine, telephone, etc.

Jul 09, 2010: Mars (Natal)

Des conjunct Mars: A time of drawing very motivated and energetic - and perhaps competitive - people into your life; others you meet or know may be very upset, perhaps at you; meeting very domineering and self-centered people; a time of attraction, and perhaps wishing to enter into unions or agreements with others, but best to proceed slowly here; the possibility of a dispute, argument, or great upset, perhaps due to violations of agreements, or inconsiderate and insensitive actions by others towards you or someone you love - and if so, you may feel an urge to aggressively defend yourself or another person; to fight for your rights.

Jul 15, 2010: Neptune (Natal)

Des conjunct Neptune: This is a time in which you may be very vulnerable to impressions of others; others may not be what they appear, or do not represent what they claim, so you are advised to proceed with caution in any negotiations and/or conversations; generally speaking this is not a favorable time to sign a contract, or come to an agreement - all the facts are not "on the table" yet; deception and deceit are possible if you are dealing with untrustworthy people - they are not likely to tell you the truth, but rather hide important information from you; on the other hand, this may be a period of being attracted to glamorous events, of being with glamorous people; the attraction to very sensitive and romantic-minded individuals; meeting very imaginative and seductive people; this may be an excellent time to go out and entertain or dine with a mate, associate or partner - especially if romantic intentions are on your mind.

Jul 20, 2010: Mercury (Natal)

MC conjunct Mercury: A time in which your business matters may be highly emphasized; making deals; discussing ideas with business colleagues; speaking engagements - as a speaker or attendee; a learning opportunity that might benefit you professionally; a chance to work, to be of service at work; travel related to work, or communication with someone at a distance; purchasing communication devices to be used in work, i.e. computers, fax machine, telephone, etc.

Jul 25, 2010: Mars (Return)

IC conjunct Mars: A time of much activity in the home; highly motivated to do things in the home or in regard to the family; however there may be cause for anger in the home; a time of quarrels and disputes in the home; accidents in the home are now possible, so it is wise

to be cautious and careful; a time in which you may hurt those close to you with harsh words; possibly being upset by family members or conditions.

Jul 31, 2010: Sun (Natal)

MC conjunct Sun: A time of great success and recognition in your work; growth in your vocation; increase of status; a good appearance in the public; confidence in your work; a time of impressing others with your efforts; favorable relations with men in the workplace; other looking to you as a leader in the field, or community.

Aug 06, 2010: Venus (Return)

MC conjunct Venus: A time which favors the culmination of an agreement; favorable experiences in relationships, both in work and in romance; support and appreciation for your efforts; increase in business and income; successful completion of shared activities or goals; favorable developments in partnerships of any kind; working well with others; a decision made in your favor.

Aug 11, 2010: Moon (Natal)

IC conjunct Moon: A time for closeness and intimacy in the home; an opportunity to relax with the family, or in quiet; real estate transactions may transpire; news from the family, or important developments affecting the family; attention is drawn to women in your family - the wife or mother; the possibility of nurturing a special bond with someone you love, someone with whom there is a deep, mutual affection.

Aug 12, 2010: Neptune (Return)

MC conjunct Neptune: This is a time that is apt to be confusing in regard to your work or reputation; misunderstandings over your role - or the role of others - may cause feelings to be hurt; deception or even betrayal may be experienced at work or with others whom you trusted; your reputation may be vulnerable to attack; others may look up to you, but perhaps they are putting you on a pedestal that has set them up for disappointment in you, i.e. they had false expectations of you, or you of them; an undermining of your goals by another is possible, who may even intentionally present you in an incorrect and inaccurate light; dealings with "weasels"; this may be an excellent time for advertising or marketing projects, as your imagination regarding work tasks is very stimulated; an experience with a "goddess;" a spiritual experience, and the feeling of great love or compassion for another; the possibility of being victimized by another, or truly helping or being helped by another (you may need to ask yourself "what is their motive?", for they may appear to offer help, but actually set you up for betrayal).

Aug 19, 2010: Pluto (Return)

Des conjunct Pluto: This is a time in which you may encounter others who try to force you into accepting agreements or matters against your will; a time of meeting very intense and forceful people; it is a period in which agreements and relationships may be terminated, or at least threatened with termination; conflicts over money or power with others; rejections from others is possible now; in all dealings with others, it is best to proceed slowly, and with the attitude of trying to find areas of compromise that benefit both parties - things can change for the better so long as it does not evolve into a contest over who has the power; positively, this may bring you in touch with very deep and profound people, or those who have done incredible research and who wish to share this with you.

Aug 20, 2010: Jupiter (Return)

MC conjunct Jupiter: A time of favorable occurrences with regard to your work; the successful implementation of a project, or culmination of a goal, and the resultant rewards and positive feedback from such well-done efforts; a "bonus" at work, or increased sales and/or income; opportunities to expand and grow at work; an offer, a proposal, that is flattering; the opportunity to enter into a professional agreement or contract; positive and successful meetings with others; successful judgments; a favorable time to make proposals to others; success socially and professionally.

Sep 10, 2010: Mercury (Return)

Des conjunct Mercury: A time of much communication and contact with others; many new ideas and thoughts being expressed and shared; major decisions involving others may be required, perhaps even signing of papers; a period of soliciting help from others; meeting others who have interesting ideas to share with you; the meeting of intelligent or highly communicative people; a very busy time; being in contact with many people; agreements are highlighted, and so are work or service-oriented relationships.

Sep 11, 2010: Pluto (Natal)

IC conjunct Pluto: This is a time in which you may encounter a very intense situation in the home or family; be cautious of threats, or making threats to those close to you as feelings could get very hurt; threat of damage to property; threat of illness in the family; the need for repair and healing in the home or family; the possibility of being undermined from someone close to you; positively, this period favors research and deep study; a time of insight and discovery, particularly of yourself; a time of great psychological or spiritual understanding; an experience of personal power and/or strength.

Sep 11, 2010: Uranus (Return)

MC conjunct Uranus: This is a time when you are likely to experience sudden and unexpected events in regard to your profession; sudden changes at work or in your responsibilities; the opportunity to start something new, or to end something suddenly (i.e.

your job?); you tend not to get the response you expected, and as a result, you may be forced to make quick adjustments in your plans, especially regarding work; a time of a sudden realization, which may be favorable in terms of understanding your calling in life, but may be unfavorable if you fail to take it as a "sign"; the breaking of relations at work; the meeting of new people connected to work; being inspired with new ideas concerning your work or calling in life; an incredible, enlivening experience, or a sharp disruption and interruption in one's plans, or both; a strong "sense of the future", and perhaps a psychic insight into something that will soon happen (i.e. prophetic thoughts).

Sep 21, 2010: Saturn (Return)

IC conjunct Saturn: This is a time of disappointments, setbacks, or delays in regard to your family or home life; tension in family relations; problems within the home (i.e. heating or air conditioning system, perhaps), possibly requiring delays and causing inconvenience; setbacks possibly at work as well; a need to "get out" and escape worries; this time requires patience with yourself, and may be favorable for meditation or long-range planning, particularly regarding family matters; possibility of an illness in the family, or "coldness" with a family member or someone living in your home.

Sep 21, 2010: Uranus (Natal)

IC conjunct Uranus: This is a time when you may experience a sudden jolt in your home or family life as unexpected events arise; the possibility of electrical or computer failures in your home, or the possibility of purchasing a new computer or electronic device in the home; a change in the home, for better or worse; it is favorable, perhaps, for trying to do something "modern" in the home (i.e. renovation); the advent of new people (strangers) entering the home, which if invited, could be highly stimulating; a sudden realization in one's spiritual path, an enlightening inner experience; a very creative and inventive time, one filled with much intuition and "sense of the future;" there is the potential of accidents and sudden interruptions in the home life, and possibly work life as well.

Sep 21, 2010: Venus (Natal)

MC conjunct Venus: A time which favors the culmination of an agreement; favorable experiences in relationships, both in work and in romance; support and appreciation for your efforts; increase in business and income; successful completion of shared activities or goals; favorable developments in partnerships of any kind; working well with others; a decision made in your favor.

Sep 23, 2010: Jupiter (Natal)

IC conjunct Jupiter: A time of great happiness and celebration in your home or with your family; success in real estate ventures - buying and/or selling a home or property, or finding a place that you like; perhaps an announcement of a birth, or marriage, or anniversary in

the family; a favorable time to host a gathering or party in your home amongst friends; a time of growth if you are engaged in any spiritual practice; an awakening that brings forth much inner joy.

Sep 28, 2010: Moon (Return)

IC conjunct Moon: A time for closeness and intimacy in the home; an opportunity to relax with the family, or in quiet; real estate transactions may transpire; news from the family, or important developments affecting the family; attention is drawn to women in your family - the wife or mother; the possibility of nurturing a special bond with someone you love, someone with whom there is a deep, mutual affection.

Sep 29, 2010: Mercury (Natal)

Des conjunct Mercury: A time of much communication and contact with others; many new ideas and thoughts being expressed and shared; major decisions involving others may be required, perhaps even signing of papers; a period of soliciting help from others; meeting others who have interesting ideas to share with you; the meeting of intelligent or highly communicative people; a very busy time; being in contact with many people; agreements are highlighted, and so are work or service-oriented relationships.

Oct 06, 2010: Mars (Return)

Asc conjunct Mars: A time of great energy and drive, when you are highly motivated; a very active and possibly eventful time of the year; a time when you are likely to start new projects; a pioneering spirit, and a time of great independence and ingenuity; there may be a tendency towards arguments and anger now; it is wise to exercise great self-control and restraint; it is not wise to hurry or rush, as accidents may happen; a time of increased sexual passion.

Oct 08, 2010: Saturn (Natal)

MC conjunct Saturn: This is a time when you may experience disappointment, setbacks, or delays in attaining goals you have set for yourself; there may be some disappointing news in regard to work; a time of rejections, denials, withholding of support that you desired; professional growth may be slowed; however it may be favorable for re-writing or re-stating or re-thinking your goals more clearly now; the opportunity to organize your thoughts and goals regarding work; the potential of difficulties with your parents or employers; tension or stress in your work; you may be best advised to take more time to work things out more properly; not a favorable time to ask for favors or support at work; denial of your requests.

Oct 16, 2010: Sun (Natal)

Des conjunct Sun: This may be a time when others enter your life who are attractive; you may be impressed, or positively affected, by others - and they may be impressed with you as

well; success with or for your partner; a time to experience positive developments in your partnerships, to sign contracts and make agreements; a time of popularity.

Oct 23, 2010: Venus (Return)

Des conjunct Venus: A time when you are attracted to others; the entrance into the life of someone interesting; making agreements; socializing and meeting people; giving and receiving support from others; a favorable time to be with others; happiness and success in partnerships or/marriage.

Oct 30, 2010: Moon (Natal)

Asc conjunct Moon: A time of many changes; the life may be in some sort of flux right now; difficulty seeing clearly due to highly charged emotions; the wish for security and stability, to get things completed and sorted out; changes in the home life or in regard to your normal routines; significant developments involving women; it may be a time of intimacy and closeness, but be careful of becoming too dependent or emotional, except with those whom you trust greatly. This may be a favorable time to take someone you love out for the evening - dinner and entertainment.

Nov 01, 2010: Neptune (Return)

Des conjunct Neptune: This is a time in which you may be very vulnerable to impressions of others; others may not be what they appear, or do not represent what they claim, so you are advised to proceed with caution in any negotiations and/or conversations; generally speaking this is not a favorable time to sign a contract, or come to an agreement - all the facts are not "on the table" yet; deception and deceit are possible if you are dealing with untrustworthy people - they are not likely to tell you the truth, but rather hide important information from you; on the other hand, this may be a period of being attracted to glamorous events, of being with glamorous people; the attraction to very sensitive and romantic-minded individuals; meeting very imaginative and seductive people; this may be an excellent time to go out and entertain or dine with a mate, associate or partner - especially if romantic intentions are on your mind.

Nov 06, 2010: Mars (Natal)

IC conjunct Mars: A time of much activity in the home; highly motivated to do things in the home or in regard to the family; however there may be cause for anger in the home; a time of quarrels and disputes in the home; accidents in the home are now possible, so it is wise to be cautious and careful; a time in which you may hurt those close to you with harsh words; possibly being upset by family members or conditions.

Nov 12, 2010: Jupiter (Return)

Des conjunct Jupiter: A time of optimism regarding contracts, agreements, and activities involving others; receiving offers from others that are generous; the opportunity to enter into a partnership, or association with another; great popularity with others, and demand for your time and presence; this may also be a time when others promise great things, but can they deliver on these promises? You would be wise to put these promises into a formal contract, and not rely heavily upon trust of what others say right now. In any event, contact with others seem very encouraging, and a source of excitement and happiness at this time. It is also favorable for any dealings with attorneys or agents - they may have something better than even you conceived prior to meeting with them; this is a period of working well with others and coming to an agreement or understanding that is mutually beneficial.

Nov 15, 2010: Neptune (Natal)

IC conjunct Neptune: This is a time that may coincide with either very pleasant and beautiful experiences in the home, or great confusion; negatively there could be a tendency to be very absent-minded, forgetful of promises made to family members, intimate relations, or people in your home; you may encounter deception or lies in the home, which can hurt; problems with the plumbing, roof, or water system are possible now - perhaps leaks caused from rains; positively this may be time of wonderful inner and spiritual experiences; it favors meditation; dreams may be very active as well; you may have an opportunity to truly help someone close to you, perhaps a family member, who is depressed, distraught, or confused; a sense of great compassion within you is possible now.

Dec 08, 2010: Pluto (Natal)

Asc conjunct Pluto: This is a time of great intensity; you may feel obsessed, or driven with something or someone; it may be a time that you seriously consider eliminating somebody, or something, from your life; perhaps it is best to consider alternatives before drastic actions are implemented that hurt others or yourself- is there any chance of a "win-win" in this situation? At its best, it is a time of deep insight, discovery, and positive influence over others; at its worse, it is a time of rage, of wanting to get even or destroy someone in some way; conflicts over money and/or power are possible now, in business or personal matters; this may also be a time in which tax or insurance matters come up; it is a time requiring caution and avoidance of dangerous situations or feelings from within yourself; an act of coercion is possible, so avoid dealings with others who try to force you to do things against your will; by the same token, you are encouraged to avoid forcing others to do anything against their will.

Dec 08, 2010: Uranus (Return)

Des conjunct Uranus: This is a time when you may meet strange and unusual people; others may act very erratically, especially partners or mates; an unusual and unexpected experience with another person; agreements with others may be broken, and yet new

agreements may be forged; difficulties with the mate or partner, or with an associate due to a possible misunderstanding, or intentional violation of an understanding; trying something new with a partner that is exciting; meeting new people with whom you may have little in common, yet you are attracted to them, and they to you.

Dec 17, 2010: Venus (Natal)

Des conjunct Venus: A time when you are attracted to others; the entrance into the life of someone interesting; making agreements; socializing and meeting people; giving and receiving support from others; a favorable time to be with others; happiness and success in partnerships or/marriage.

Dec 20, 2010: Uranus (Natal)

Asc conjunct Uranus: This is likely to be a time of great excitement, but also one of unexpected events arising in your life; if flexible, this could become something quite positive, and certainly enlightening; a time of great inspiration, and perhaps willingness to take risks and try new things; a break from your normal pattern, and a tendency to act differently than others expect of you; you may actually surprise, or shock others, with your behavior; being unconventional, but highly interesting; magnetic, with the ability to attract new people into your realm, but perhaps people with whom you share very little in common, other than mental or physical "chemistry"; a "strange" personal experience may happen to you at this time; a tendency to feel very independent, and perhaps do things that are highly individualistic; this may not be a time of agreements with others, as they may not understand you..

Dec 20, 2010: Pluto (Return)

IC conjunct Pluto: This is a time in which you may encounter a very intense situation in the home or family; be cautious of threats, or making threats to those close to you as feelings could get very hurt; threat of damage to property; threat of illness in the family; the need for repair and healing in the home or family; the possibility of being undermined from someone close to you; positively, this period favors research and deep study; a time of insight and discovery, particularly of yourself; a time of great psychological or spiritual understanding; an experience of personal power and/or strength.

Dec 21, 2010: Saturn (Return)

Asc conjunct Saturn: This is a time in which you may feel "under the weather", stressed-out, pressured, and generally intense or serious; you may have a lot on your mind, with a tendency towards worry; disappointments in either yourself or others may be present; it may be wise to have a task to do that does not have any time pressures attached with it; a favorable time for reading or studying, so long as there is no "test" associated with it; it is advisable to clear your schedule at this time, for things may arise which prevent you from

fulfilling obligations satisfactorily; benefits may come from being disciplined and controlled; a time to accomplish something so long as you avoid distractions and stick to the schedule; lack of discipline results in frustrations and falling behind in one's tasks.

Dec 22, 2010: Jupiter (Natal)

Asc conjunct Jupiter: A time of great happiness in general; a period in which you are likely to be very open-minded, charitable, optimistic, and of good cheer; enjoyment of activities with friends; a "good experience" with others; festive activities; success in one's social life as well as business; the opportunity to enter into agreements with others along the lines of your interests; making proposals to others, and being accepted; a time of great joy and love of life; perhaps a time of too much drink, food, or indulgence in excess; a successful venture; entering into favorable unions with others through your own initiative. This may be a time of luck.

Dec 30, 2010: Moon (Return)

Asc conjunct Moon: A time of many changes; the life may be in some sort of flux right now; difficulty seeing clearly due to highly charged emotions; the wish for security and stability, to get things completed and sorted out; changes in the home life or in regard to your normal routines; significant developments involving women; it may be a time of intimacy and closeness, but be careful of becoming too dependent or emotional, except with those whom you trust greatly. This may be a favorable time to take someone you love out for the evening - dinner and entertainment.

Jan 05, 2011: Mercury (Return)

IC conjunct Mercury: A time favoring communications and discussions in the home; a meeting in the home, or with family members; planning things to do with the home or family; purchasing communication devices to be used in the home (i.e. computers, fax machine, telephones, etc.); dealings with siblings or neighbors; discussing work plans in the home and with family members.

Jan 10, 2011: Saturn (Natal)

Des conjunct Saturn: This is generally not a favorable time for agreements or negotiations with others; others tend to resist you, or in some way try to force to "give in" to their demands, which are not always in your best interest; disappointment in others, especially if they exhibit a lack of integrity and willingness to follow through upon agreements already made; the possibility of violating a contract or understanding, and letting someone else down, or being let down by another; tension in partnerships, marriage, or work associations; frustration in getting others to see your point of view, or in general dealings with others; a rejection, or an effort to get you to accept "less"; a possibility of finally forging out a compromise and agreement, of putting it into form, but you better check it carefully

and be certain that it does not obligate you beyond your wishes; illness with one's mate or partner is possible; the mate or partner may be depressed and under much pressure, and may require your help or patience; on the other hand, the mate may not offer support that you need; a need to be sensitive to others, and to be around others who are supportive of you.

Jan 17, 2011: Mercury (Natal)

IC conjunct Mercury: A time favoring communications and discussions in the home; a meeting in the home, or with family members; planning things to do with the home or family; purchasing communication devices to be used in the home (i.e. computers, fax machine, telephones, etc.); dealings with siblings or neighbors; discussing work plans in the home and with family members.

Jan 21, 2011: Mars (Return)

MC conjunct Mars: A time of much activity and motivation in work; accomplishments through hard work; strategizing and making long-range plans; quarrels and arguments at work; upset caused by new conditions related to work; possibility of errors or mistakes; eager to attempt new things in regards to work or one's vocation; blazing a new trail and initiating new developments and/or products; highly motivated and busy period; a time of being upset with someone, probably in work.

Jan 28, 2011: Sun (Natal)

IC conjunct Sun: Success or recognition in your family life; a favorable time for real estate dealings; happiness in family gatherings; pride in your family; this is a favorable time to have a gathering or to entertain in the home; a time to come into contact with a spiritual aspect of your self; inner illumination; understanding brought on by quiet reflection; pride in one's family.

Keeping a Diary of Your Solar Return Experience

Astrology is a language of symbols. It is also a study of time. At any given point in time, astrological symbolism is present which assists in the understanding of that time.

Throughout our life, people come in and situations arise. On the surface, these people are indeed people, and these situations are indeed specific, identifiable conditions. However, these people and these situations are also symbolic of lessons in life which each one of us is working on. Our experiences with these people and these conditions afford us an opportunity to understand ourselves more fully, to get a grasp on our patterns, and possibly to make a conscious effort to break those patterns if we so wish.

In the course of your solar return day, you will come into contact with people and situations, You will experience certain conditions that arise in your life. And you will react as well as interact with these people and circumstances. You will have impressions and make judgments concerning these events and interactions. In some cases, you will react favorably, and judge them as positive experiences. In other cases, you may react more critically, and judge them less favorably.

The moments of these experiences and these interactions with others during the solar return day can be progressed into the future of this year. Basically the premise is this: whatever you experience during the solar return day will symbolically represent the nature of your experiences during the solar return year. Furthermore, the time of these experiences - whether external or internal - will relate to a specific period in the year when that "symbolism" will likely repeat. The formula is the same as used in the calculation of the solar return Moon. That is, every two hours of time from your solar return represents one month of time from the date of your solar return. In the same token, approximately every four minutes of time is the equivalent of one day in the solar return year.

Therefore it can be very enlightening to carry paper and pen with you on the day of your solar return. Mark down the time in which things happen during this day. In fact, you may want to keep a very detailed daily record of what happened as it goes along. It is also a good idea to plan things during the day which you know will be favorable and enjoyable, as that will set the tone of a favorable and enjoyable activity later on this year.

To briefly illustrate, let us assume your solar return occurs at 6:00 PM. At 8:00 PM, the circumstances that you experience (in the external world, or your interior world) will be symbolic of what is going on in your life about one month after your birthday. If you went out and had a wonderful dinner with someone you love, then perhaps one month later you will find your life very wonderful, almost like being out for a wonderful dining experience.

The daily record should begin six hours before your solar return, and continue 30 hours afterwards. The six hours before are symbolic of the three months leading up to your birthday. Even these events and circumstances are symbolic of what you have already gone

through, and seeing the symbolism helps put the recent past into perspective. The six hours following the 24 hours of the birthday are also important. They refer to the momentum of this year carrying into the next solar return, and your ability to make the successful transition from one year's issues to the next.

Choosing One's Solar Return

One of the most exciting facts about solar returns is that you may actually choose your own horoscope wheel for the year! Your choice is limited, as might be expected, by both certain mundane as well as astrological factors. From an astrological point, your choice is limited to the angles and house placement of planets as well as rulerships, which covers quite a bit of territory. Your choice does not consist of what relationship (aspects) the planets will have to each other or to your other natal planets -- only their relationship to your solar return angles and houses. From a mundane point of view, your choice is limited to your means and willingness to be mobile at the time of your solar return. The angles and houses are directly related to your location at the moment of your solar return; hence, your freedom and willingness to travel to specific location will influence just how much choice you have in creating your own chosen horoscope for the year. And another limitation, of course, is your knowledge and ability to work with solar returns, for without this knowledge you have absolutely no choice in the matter whatsoever.

What you can determine, then, are the axes of the Earth -- the horizon and meridian of the solar return chart. The actual moment of the solar return will not change -- cannot be changed; but the local mean time (LMT) and consequently the True Sidereal Time of the solar return can be chosen; hence, the angles and houses -- the "structure of the experience" in the forthcoming year -- can also be chosen.

In choosing your solar return chart for any given year, there are two basic questions you might ask: first, "What area of life do I want to highlight (in a positive manner) this year?," and secondly, "What are my boundaries, or limitations, in traveling at the time of my solar return?" Obviously if the most astrologically desirable place to celebrate your solar return is somewhere in China, a combination of financial, governmental, and time factors may make that choice an impossibility. So you must work within the boundaries of your means, or those means placed upon you by "outside" forces.

In answering the first question, you should remember some of the basic rules presented earlier. For instance, a balance of planets in the different house types is desirable; a majority of planets in angular houses - or at least three personal planets posited there -- will indicate a "significant" year; an overabundance of planets in cadent houses will tend to indicate the opposite -- a year of changes and/or preparation for future years.

Locating planets in harmonious aspect to an angle is most desirable, and so too is the positioning of benefics close to a house cusp -- especially in that house which pertains to your areas of interest for this year. Another desirable placement is a harmonious aspect between a planet in a particular house to the planet that rules that house. If you are able to arrange for a combination of these factors to occur, according to the house chosen to be highlighted, then it is a favorable indication that matters ruling that area of your life will flow successfully in the coming year.

There are, of course, some factors that will inhibit even the finest of house and angle arrangements. If the aspects between your solar return planets to each other, and even to your natal planets, are discordant according to the expressions you wish to highlight, there is not much that can be done to "assure" their favorable expression this year. At best, you can "lessen" their potential negative manifestation by traveling somewhere that will position an angle to make a "soft" (harmonious) aspect to one of the planets involved. For example, if there is a T-square in the solar return chart involving planets in houses that you have determined are important to you in the coming year, you may wish to travel somewhere at the time of your solar return that will bring the horizon (Ascendant - Descendant axis) or meridian (Midheaven and I.C. axis) into a favorable aspect (sextile/trine) to the planet and/or house ruler you are concerned about.

It is also possible to more greatly empower positive aspects between planets in your solar return chart by simply traveling to a point in which these same angles make yet another positive aspect to them. For instance, if you have a trine between two planets that relate to an area of great personal interest this year, you might consider traveling somewhere for your birthday that will find the Midheaven or Ascendant forming a grand trine to these planets. That location would greatly enhance the expression and experience of the two trining planets during the course of the year.

If you are not an astrologer, and you are interested in designing a solar return chart that most positively highlights your solar return planets, you are advised to consult a well-trained, qualified and professional astrologer who can assist you in this matter. This would be greatly suggested in the event that you find certain parts in the "Planets In Aspect To Angles", or "Planets Conjunct The Solar Return House Cusps" sections particularly troubling. Those conditions can be altered simply by traveling for your solar return. In addition, planning a trip on your birthday is an excellent idea. It will cause you to put great conscious effort into that most sacred of all days of the year for you personally - your birthday, the day the Sun and Earth return to their exact position of your birth moment. It is a special day for you every year. Treat it with reverence. Make its unfoldment an annual pilgrimage, a mission, a challenge for you to have a super experience. The experiences of that day will be the foundation for the whole of your next year of life.